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Orientation

Presentation Summary II: Alcohol 101

By Richie Heinlein

On September 27<sup>th</sup>, we had a presentation on the effects of alcohol. This was a very interactive presentation and therefore a lot of fun. I sat near the front of the auditorium so my eyesight would not be a problem. This was great. Not only was I able to see and hear everything, but that meant I could ask questions better.

As the presentation began, the one presenting explained what was about to take place. She explained some facts about alcohol like the stomach valve closing because of alcohol. That is why eating is not warranted when intoxicated or drinking. She then explained that there would be an interactive exercise using a “virtual bar program”. She asked for a volunteer for this exercise. I was picked to help out. The exercise was to have my “friends” in this bar to start giving me drinks. My “friends” were all too eager to help me so they started me off with a beer. Then right after that, they started giving me hard core drinks. They gave me vodka. The very next thing my “friends” did was give me hooch. I didn’t know what that was. She said it was one of the more potent alcoholic drinks. By this time, I was already way above the legal limit, but my “friends” kept giving me drinks. They gave me a martini. Then they gave me a series of shots. I was about at about 1.5% at that time. They gave me another beer and then some more hooch. I was getting more and more drunk. My “friends” kept going until I was about at 2.5%. The presenter then showed what would happen the person that got drunk were either gender and different weights. A 135lb girl would be well dead at this time. We then saw a mini-sized movie that was also interactive. This movie showed a guy at a party drinking and perhaps getting drunk. The piece had a set of questions in it and were about what this poor guy should do. Should he continue drinking or should he quit. If he continues, gets drunk, and passes out, what should one do.

I had a lot of fun. This was a great interactive experience. One that I hope everyone has a chance to look at. Even better, be the guinea pig.